	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM Classes						**Hangover Helper** **10:00-11:00** Ryne	
						Zumba Rocks **11:30-12:30** Sharon	
PM Classes		**Body Mechanix** **6:00-7:00** Ryne					
	IRon Body Bootcamp **7:00-8:00** Ron	**Zumba Rocks** **7:30-8:30** Sharon	**IRon Body Bootcamp** **7:00-8:00** Ron	**Zumba Rocks** **7:30-8:30** Sharon			**Stretch Therapy** **4:30-5:30** Mark H.